

# ALAN STANNERS

## *The Qualmlessist Manifesto*

### OUTPOST

2 August to 21 August

12 noon to 6pm daily

**Opening View: Monday 1 August, 6 - 9pm**

Open to public - admission free

#### *The Qualmlessist Manifesto*

1. Qualmlessism will be told what to do
2. Qualmlessism begins at the limit of thinking preferring action
3. Qualmlessism will etch itself in blood onto sand
4. Qualmlessism resolves itself once thinking recommences
5. Qualmlessism will piss where it wants
6. Qualmlessism requires pre requisite knowledge not openly available or consolidated
7. Qualmlessism contains all vowels although this is not apparent within its title
8. Qualmlessism embraces all style and genre regardless of personal prejudice
9. Qualmlessism will not tolerate fetishists of genre or perverts of style
10. Qualmlessism requires heavy funding
11. Qualmlessism could cause blindness and death
12. Qualmlessism fears god but not its disciples and their manifestations
13. Qualmlessism feels the same about its critics and their interpretations
14. Qualmlessism will use smoke both artificial and natural as its units of currency
15. Qualmlessism lies under the sun without fear of burning
16. Qualmlessism believes that bears shit in the woods
17. Qualmlessism achieves climax when talent is acted upon
18. Qualmlessism finds wasted talent more erotic
19. Qualmlessism favours the abstract and written word over representation and the moving image. Adaptation is Ideal
20. Qualmlessism does not care whether its flip flop or flop flop
21. Qualmlessism needs trajectory but compasses are distractive
22. Qualmlessism believes all ideas are transient and should not be discounted by fluctuating context, only modified
23. Qualmlessism will not endorse the Neo- Qualmlessists because they are full of shit

OUTPOST proudly presents *The Qualmlessist Manifesto*, a solo exhibition of new work by Glasgow-based artist Alan Stanners.

Alan Stanners (born Dundee, 1985) studied Painting and Printmaking at Glasgow School of Art. Selected solo exhibitions include *Thing on the Doorstep and Other Weird Stories*, Scottish National Gallery of Modern Art, Edinburgh (2010), *Count Von Coesel* with Jack Wrigley, Studio Warehouse, Glasgow, (2009), *Uncanny Valley*, Gallery Martin van Zomeron, Amsterdam, and *Nature Helmet*, Glasgow School of Art, Glasgow (2007). Selected group exhibitions include *Taj Mahal Travellers*, Galerie Nordenhake, Stockholm, (2009), *Jerwood Contemporary Painters*, Jerwood Space, London (2009), *Ventriloquist*, Timothy Taylor Gallery, London, (2009), and *Shuttleime*, Office Baroque Gallery, Antwerp (2008).

For more information please contact [questions@norwichoutpost.org](mailto:questions@norwichoutpost.org)

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